

Tune out to tune in

A 3 NIGHT, 4 DAY RETREAT

this isn't about doing more... let's be honest, you do entirely too much

Luxury accommodations in sunny South Florida
· Private Chef · Yoga · Water Views · Wine ·
Deep Connection... to others, and to yourself

Permission to hear your own thoughts
Ability to tune out to tune in
That's where clarity happens
That's where next steps come through effortlessly
Sleeping at the house is optional
Expansion is not
Rooms will be first come first serve and assigned



1205 North North Lake Drive Hollywood, FL 33019









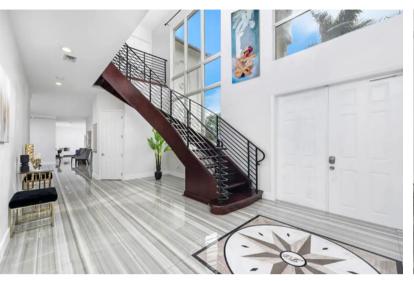
ABOUT THE PROPERTY

This exquisite, beautiful Hollywood mansion features 5,000 square feet of spacious living hosting 5 massive bedrooms with 7 perfect bathrooms. Indulge in riveting water views, lavish decor, and poolside relaxation. Minutes from Hollywood Beach!!

- 5 bedrooms | 7 bathrooms
- Pool | Lake views
- 10-20 min from FLL airport
- 30-60 min from MIA airport
 - both of the above depends on traffic
- Uber is readily available, rental car optional



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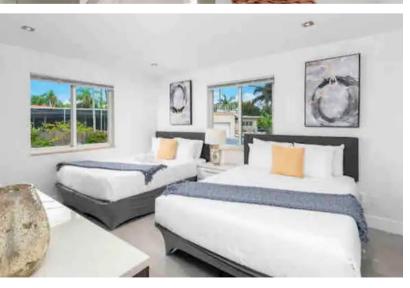
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WHAT THIS IS AND OTHER STUFF

In January 2019 I went to a short retreat that changed my life. Yes, we strategized and "round tabled", but what I needed most was an escape where my life's demands and the sound of screaming children could pause, if only momentarily, long enough for me to hear my own thoughts and bring me back home to myself. A very simple exercise profoundly changed my life and rapidly set in motion huge momentum that led to the growth + scaling of my bookkeeping business, a deeper connection to my enjoyment + prioritization of life, + eventually my service to bookkeepers through the programs + podcasts that likely led you to this page.

In the last half of 2021, I was a student in a 6 month coaching program that taught life coaching skills and techniques. Skills a little too deep to bring fully into my programs. Simple, yet profound coaching techniques I'm excited to bring to this retreat and have you be a part of.

This retreat will have intentional growth sessions, but the pressure will mostly be off. You will eat, you will breathe, you will bask in the sun, you will laugh, you will be fed, and your to do list will pause. What a nice change of pace, right?

Set in my hometown of sunny South Florida in the fall weather at a mansion with a pool on a lake miles from the beach, you will settle into yourself and build lifelong deep connections... with me, with members, but mostly with yourself.

You are invited to stay in the house, but can sleep elsewhere if you like. All attendees, no matter where they rest their heads, will partake in all meals and all sessions. Food allergies and preferences will be catered to. Alcohol and snacks are provided. Alcohol is optional, coffee and connection are required.

If your husband doesn't understand what we're doing, just tell him it's an important business conference and you're learning complex tax law;)



Thursday October 20

AFTERNOON/EVENING ARRIVAL

- 4pm check in
- Chef prepared delicious dinner
- Opening Ceremony

Friday October 21

FULL DAY ONE

- Yoga
- Chef prepared delicious breakfast
- Intention setting + integration exercise
- Chef prepared delicious lunch
- Open time
- What You Came For Session come open, leave complete
- Open time
- Chef prepared delicious dinner
- Laughs & connection

MY BEST LAID PLANS. SUBJECT TO CHANGE

Loose itinerary Zaturday October 22

FULL DAY TWO

- Chef prepared breakfast
- Open time
- What You Came For Session come open, leave complete
- Chef prepared delicious lunch
- Open time
- What You Came For Session come open, leave complete
- Open time
- Chef prepared delicious dinner
- Closing ceremony

Lunday () clober 23

MORNING LAST DAY / BREAKFAST + CHECKOUT

- Chef prepared delicious breakfast
- 11am check out

FAQ: WHAT IS A "WHAT YOU CAME FOR SESSION"?

These are the sessions you came for. I have a few ideas but these will be defined by the needs of the attendees. These are the moments where the breakthroughs happen. Your trust in the process will make these most potent.



pricing + availability

IN HOUSE ACCOMODATIONS

\$2,400

- 8 guests may stay in the house
- There are 4 guest rooms with 2 beds each
 - \circ 1 room has a king and a queen bed
 - 3 rooms have 2 queen beds
 - The king bed will go to the first person to claim their spot
 - If you have a roommate preference, you can request it
 - Otherwise rooms will be assigned before you come and you will be introduced to your roommate

OUT OF HOUSE ACCOMODATIONS

\$1,800

- 8 guests may make outside housing accommodations for sleeping.
- You are responsible for finding and booking your own place and transportation to and from the house. I am available to assist in my general recommendation of the area but take no responsibility for the space.

READ TERMS



